



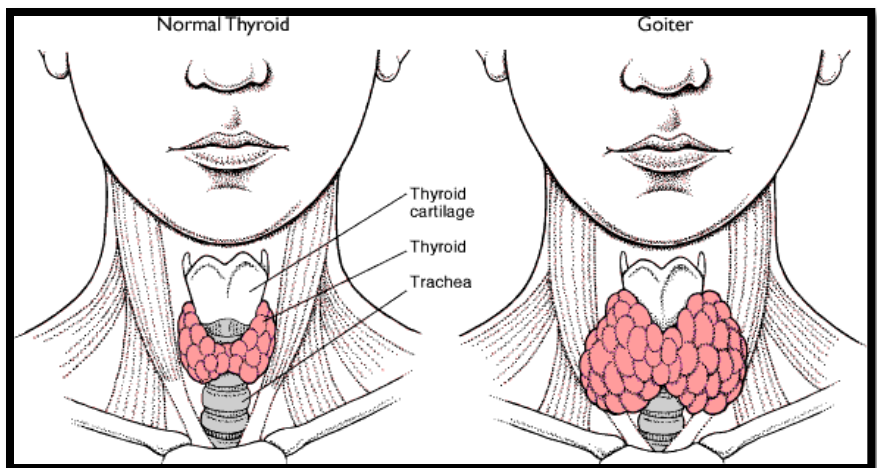
# Mullein & Lobelia

## An Amazing Herbal Combination

### M&L Salve for Goiters

I began using this herbal combination several years ago when we began making salves. Dr. Christopher called the **Mullein & Lobelia Combination** his glandular formula. Originally we developed the salve for support of the glandular system and clearing of goiters on the thyroid gland.

Having this salve on hand enabled us to stumble onto some pretty amazing things this powerful combination is capable of doing. Our first batch of salve had just cooled in the jars when I discovered its powerful anti-spasmodic properties.



## M&L SALVE A TOPICAL ANTI-SPASMODIC RUB.

### Quick Relief for a Frozen Knee Joint

Every time I tell this story my husband rolls his eyes, well that is until this past summer. Oh, I'm getting ahead of myself; I'll start at the beginning.

It all began when I slid off our bed one morning to find my knee joint locked. My right knee was frozen, and I was in a lot of pain. I could not get back up on the bed nor could I move. I have no idea how a jar of our new M&L Salve happened to be on my night table but there it was. I was strongly impressed to apply a bit to my knee. I knew Lobelia was an anti-spasmodic, so the idea was not completely out of left field.

What happened next can only be described as miraculous. I reached around, opened the jar and smeared a small amount over my knee. Instantly the knee released and I was able to walk away without pain. It just let go.



When Michael returned I shared my fantastic story with him. I was thrilled to find an herbal combination that could be so useful. What a find, what a gift from God. I was excited. He was his normal skeptical self that is until this past summer when his knee locked up. I handed him a jar of the M&L Salve which he applied to his knee. He is now a believer, his knee instantly released. Nowadays Michael is also singing the praises of the M&L Salve.

### **Frozen Finger joints**

Not long ago I got a call from a member in California, she had over used her hands and said she could not open them; her fingers were frozen in a claw. I suggested the M&L Salve and quickly got a jar out to her. She called five minutes after she received her package and said her fingers had instantly released. Praise the Lord, his blessing continues to fill each day.

### **Massage support**



Massage is an important part of any natural healing program. Toxins need to be encouraged out of the tissues; a good Massage therapist can be invaluable. I try to get two massages a month. The M&L Salve is an excellent aid in softening and relaxing spastic muscles. Apply the Salve over the difficult areas; allow the muscles a few minutes rest before beginning work on them. When used muscles quickly relax in response to the massage.

### **Stiff Neck & Muscle Tension Headaches**

The M&L Salve relaxes the muscular spasm in my neck & shoulders. The Lobelia is the best anti-spasmodic we have and the Mullein supports the movement out of the excess lymph fluid from the injured

area. The G-Nervine Salve works to very quickly to calm the nerves, ending the pain. Together these two salves worked like a charm.

## **Foot Pain**

One of our members reports using the M&L salve on her sore feet. She suffers from foot pain and has found continual daily use will eliminate her foot pain.

## **Understanding Mullein**

Mullein has a special affinity (attraction) for the respiratory organs and is a valuable remedy for all pulmonary complaints. It is the only herb known to man that has remarkable narcotic properties without being poisonous and harmful. It is a great herbal pain killer and nervous soporific, calming and quieting all inflamed and irritated nerves. With its use in wasting disorders (such as phthisis), the weight is steadily increased, expectoration is easy, cough is palliated, and the general condition improved. Mullein soothes and strengthens the bowels and renal system, is one of the most important agents for influencing the glandular system (the serous and mucous membranes). It promotes absorption of effusion (escape of fluids from their vessels, as by rupture) and morbid accumulations.