

PLEURISY



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Definition

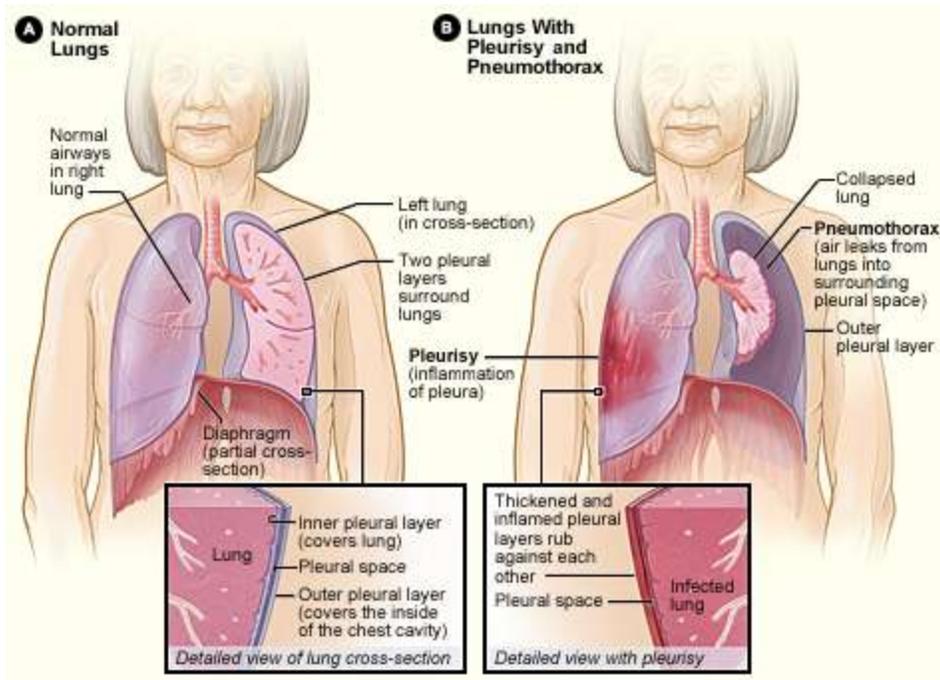
Inflammation of the pleura (membrane covering the lungs)

Symptoms

Usually accompanied by fever, painful and difficult respiration, cough, and mucoid exudation into the pleural cavity

Cause

The cause of pleurisy is mucus forming in a weak area caused by the failure to breathe deeply. It is common where there is general debility of the body, especially in the lung area.



Herbal Aids

Pleurisy Formula:

- 1 ounce Pleurisy root
- 1/2 ounce Hyssop
- 1/2 ounce Comfrey root
- 1 ounce Vervain
- 1 tsp Cayenne



Pleurisy Root & Flower

Preparation:

Simmer the first 4 herbs slowly in 3 pints of water down to 1 1/2 pints:

Strain over the cayenne.



Dosage:



3 tablespoonfuls every 2-3 hours, (hot)

The Program:



Foment the painful parts with **Hot Cayenne Tea**

Pleurisy Rt. Formula: Give hot infusion while the patient is closely-covered in bed; repeat the dosage every 30 minutes until free perspiration is produced; apply hot cloths externally, wrung out in the infusion.



Give vapor bath if possible (if the patient is not too weak)



Wrap the feet in cloths wrung out in apple cider vinegar and keep warm with a hot water bottle



Nourish With Slippery Elm Gruel

Keep the bowels clean with catnip injection when necessary.



JUICES: CARROT & CUCUMBER, CARROT & SPINACH.

Pleurisy Root: Pleurisy root was considered by the North American Indians to be one of the "Great White Father's best gifts to the children of nature" because of its specific action for the lungs. And for all chest complaints, including "pleural bronchitis," etc., it is most valuable in assisting expectoration, subduing inflammation rapidly, reabsorbing exudation from the tissues and serious cavities, and exerting a general and mild tonic effect upon the whole system.

It is one of Nature's very best therapeutic agents for pulmonary catarrh and difficult or suppressed expectoration, through its beneficial influence on the mucous membranes and serious tissues.

Pleurisy root influences the skin and circulation by relaxing the capillaries, thereby relieving the heart and arteries of undue tension, and stimulating a slow and steady perspiration of the sudoriferous glands, wherein the excessive heat due to congestion in the skin is gradually eased.

Pleurisy root is quite harmless in correct doses, but is not recommended for children because of its powerful action.

Do not use this agent when the skin is cold and the pulse is weak, but use a more stimulating diaphoretic.



Lobelia: Give lobelia and pleurisy root in an infusion.

Plaster: Make a compress, or plaster of lobelia, of hops, or of bran.



Mullein: Rub mullein oil in well, or apply on saturated cotton and cover.



Myrrh: After a vapor bath, when the patient is rubbed dry, washing the surface with a partially diluted tincture of Myrrh protects him against cold, and strengthens and improves the condition of the skin.

This is especially useful in cases where the skin is relaxed and the patient feeble, such as chronic bronchitis, chronic pleurisy, asthma, chronic rheumatism, etc.



Slippery Elm: Slippery elm was used in cases of typhoid fever. The bark is also wonderful for any type of bronchial disorders.

Maude Grieve gives a remedy for pleurisy:

- ✓ 2 oz. Pleurisy Root,
- ✓ 2 oz. Marshmallow Root,
- ✓ 2 oz. Licorice Root,
- ✓ 2 oz. Slippery Elm Bark.

Simmer in three pints of water down to 1/2 the volume.

Take 1/2 teaspoonful every half hour.

The mixture should be ingested warm.



Slippery elm is one of the herbs which should be stored for times of need. It is a concentrated food which can be handy for survival.