

Herpes

In reference to the herb's action upon the spinal cord, at the base of the Skull, the medulla oblongata houses the motor nerve. Skullcap is wonderful in any disorder of the spinal cord or the motor nerve. When this nerve is congested messages cannot reach the rest of the body. Skullcap can correct this, Dr. Christopher taught. **Because the herpes virus** is seated in the spinal cord, skullcap herb is being used in cold sore remedies formulated by Dr. Christopher's graduate students.

2. Question: Are there any herbs for herpes?

Answer: Yes, there are herbal (food) aids for this condition. This condition is caused by Toxicity in the body and it causes an inflammatory skin disease characterized by the formation of small vesicles in clusters. This term is applied to herpes simplex, an acute virus disease marked by groups of watery blisters on the skin and mucous membranes, such as the borders of the lips (cold sores), and the mucous surface of the genitals. It often accompanies fever. This is, on the skin, a variety of ringworm.

Applying tincture of Black Walnut to the isolated areas oftentimes brings rapid relief. When it is an advanced case and the condition is over the genitals and other parts of the body, it is important to go into a more complete program to clean the body inside and out. Here is a good program to follow and has aided many in clearing up this condition.

The woman will use Nu Fem Combination, the female corrective formula, and the man the herbal combination for the prostrate:

Nu Fem Combination HERBAL AID FOR FEMALE REPRODUCTIVE ORGANS :

Formula: Blessed Thistle (*Carbenia benedicta*), Cayenne (*Capsicum*), Cramp Bark (*Viburnum Opulus*), False Unicorn Root (*Helonias Dioica*), Ginger (*Zingiber Officinale*), Golden Seal Root (*Hydrastis canadensis*), Red Raspberry leaves (*Rubus idaeus*), Squaw vine herb (*Mitchella repens*), Uva-ursi leaves (*Arctostaphylos uva-ursi*)

The herbs are combined to be used as an aid to assist in relieving cramps, flooding and pain during menstrual periods.

The suggested use: ½ tsp. Herbal Extract mornings and ½ tsp. Herbal Extract evenings sixty to ninety days or six days a week, then as needed.

If there is yeast infection and or **Herpes Simplex** before or during pregnancy, add also, the **vaginal-rectal Bolus Combination** and the slant board routine included herein. These are very beneficial and yet are harmless to the mother and child-to-be.

Slant board combination. As an aid in prolapsed uterus, bowel, or other organs, to assist in giving relief, make concentrated tea (simmer down to half its amount) of the BF&C Formula. Inject with a syringe (while head down on slant board) into vagina, 1/4 to 1/2 cup or more; or rectum, one cup or more; for prolapsus or hemorrhoid problems and leave in as long as is possible before voiding. Dose suggested is one-fourth to one cup, one or more times in a day. When the tea is injected into the abdominal area and while on the slant board, knead and massage the pelvic and abdominal area to exercise the muscles, so the herbal tea (food) will be assimilated into the organs.

