

# VENEREAL DISEASES



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The world today is on the skids. Disease is rampant and the cause is usually constipation, devitalized foods, etc. But there is one type of disorder that almost reaches epidemic proportions. This is venereal disease, the degeneration of the reproductive organs. Statistics support that far more people than you would think have or have had some form of gonorrhea. These diseases are usually sexually transmitted, but can then be passed on to innocent people and even children from contaminated latrines. There is even a strain of gonorrhea prevalent today known as the "Travis Strain" of gonorrhea (named after an air base in California where it was brought in after the war with Asia) that is resistant to penicillin and responds only to one of the most expensive forms of antibiotics which is unaffordable to the general public.

Indiscriminate sexual relations keep these diseases in constant incubation. Many people go untreated for the disorder and many others could care less if they are treated or not unless the disease advances to such a stage that the pain becomes unbearable. This disease is more common among men than women.

In gonorrhea, the genital area becomes extremely inflamed and a burning sensation occurs when the man urinates. There is also a discharge of green or yellow pus which continues for 6 to 8 weeks. It is through this pus that others can become infected. Gonorrhea eventually attacks the nervous system. If a person contracts the disease, treatment should begin immediately. A fresh fruit juice fast is recommended. The bowels should be kept clear by using the lower bowel formula. Follow the cleansing program recommended in the little booklet, Dr. Christopher's Three Day Cleansing Program and Mucusless Diet. Add to this the herbal formula for the nerves, or some good nervine teas such as valerian root and chamomile. The prostate formula should also be used.

The new sexually transmitted disease called Herpes is not new at all but has been around since ancient times. It is akin to leprosy and is spreading in epidemic proportions. Treatment should be similar to treatment for gonorrhea. A poultice of raw garlic and slippery elm with golden seal can be applied directly to sores. This may be slightly painful, but it is one of the best ways to clear sores quickly.

Herpes is a result of toxic filth in the system so the blood stream should be kept clean by using the Red Clover Combination along with the avoidance of reinfestation by careful personal hygiene.

## Herpes Program

by Dr. Christopher

### **2. Question: Are there any herbs for herpes?**

**Answer: Yes, there are herbal (food) aids for this condition.** This condition is caused by Toxicity in the body and it causes an inflammatory skin disease characterized by the formation of small vesicles in clusters. This term is applied to herpes simplex, an acute virus disease marked by groups of watery blisters on the skin and mucous membranes, such as the borders of the lips (cold sores), and the mucous surface of the genitals. It often accompanies fever. This is, on the skin, a variety of ringworm.

Applying tincture of Black Walnut to the isolated areas oftentimes brings rapid relief. When it is an advanced case and the condition is over the genitals and other parts of the body, it is important to go into a more complete program to clean the body inside and out. Here is a good program to follow and has aided many in clearing up this condition.

The woman will use the female corrective formula and the man the herbal combination for the prostrate:

**HERBAL AID FOR FEMALE REPRODUCTIVE ORGANS.** The herbs are combined to be used as an aid to assist in relieving cramps, flooding and pain during menstrual periods. The suggested amount to use is two number 00 capsules mornings and two capsules evenings sixty to ninety days or six days a week, then as needed.

- 1 part Blessed Thistle or Holy Thistle herb (*Carbenia benedicta*)
- 1 part Cayenne (*Capsicum fastigiatum*, *Capsicum minimum*)
- 1 part Cramp Bark (*Viburnum Opulus*)
- 1 part False Unicorn Root (*Helonias Dioica*)
- 1 part Ginger (*Zingiber Officinale*)
- 3 parts Golden Seal Root (*Hydrastis canadensis*)
- 1 part Red Raspberry leaves (*Rubus idaeus*)
- 1 part Squaw vine herb (*Mitchella repens*)
- 1 part Uva-ursi leaves (*Arctostaphylos uva-ursi*)

**HERBAL AIDS TO EQUALIZE HORMONES AND ESTROGEN.** Here are herbs that are an aid to assist the function of developing the hormone and estrogen balance in both female and male. This combination consists of the following herbs: black cohosh, sarsaparilla, ginseng, blessed thistle herb, licorice root, false unicorn root and squaw vine.

**PROSTRATE AID.** These Herbs in combination are used as an aid in relieving the inconvenience of prostrate malfunction. Suggested use would be two or three number 00 capsules with a cup of parsley tea morning and evening as needed. This formula has been used as an aid in dissolving kidney stones as well.

**PROSTRATE FORMULA:**

- 1 part Cayenne (*Capsicum fastigiatum*, *Capsicum minimum*)
- 1 part Ginger (*Zingiber officinally*)
- 1 part Golden Seal Root (*Hydrastis Canadensis*)
- 1 part Gravel Root or Queen of the Meadow Root (*Eupatorium purpureum*)
- 1 part Juniper Berries (*Juniperus communis*)
- 1 part Marshmallow root (*Althea Officinalis*)
- 1 part Parsley Root or Herb (*Petroselinum sativum*)
- 1 part Uva Ursi Leaves (*Arctostaphylos Uva-Ursi*)

Also add, for using internally, a formula for adjusting the proper amounts of hormones and estrogens needed. This formula is not accumulative as are the orthodox type, but contains herbs that will be used by the body as needed and any excess will be dispersed naturally.

**HERBAL AIDS TO EQUALIZE HORMONES AND ESTROGEN.** Here are herbs that are an aid to assist the function of developing the hormone and estrogen balance in both female and male. This combination consists of the following herbs: black cohosh, sarsaparilla, ginseng, blessed thistle herb, licorice root, false unicorn root and squaw vine. Adult suggested amount is one to three number 00 capsules morning and evening, as desired. As an aid to youth going into puberty, for expecting mothers, as well as at menopause times.

Upon retiring at night, the vaginal bolus should be inserted into the vagina and rectum of the female and into the rectum of the male, and left in all night. Here are instructions on the vaginal bolus:

**THE VAGINAL BOLUS.** Boluses are made with healing herbs that draw the toxins and poisons, break loose little cysts, tumors and cancerous conditions in the abdominal area, and spread their influence widely from the vaginal cavity into the bowel, and into the urinary and genital organs.

- ✓ The herbs are all in powder form.
- ✓ *Coconut butter should be melted down so that it will mix well with the herb powder.*
- ✓ Mix a small quantity of this powder and wet to pie dough consistency with coconut butter.
- ✓ *Next, roll this mass between hands until you have a pencil-like bolus approximately the size of the middle finger and about an inch-long.*
- ✓ Place in refrigerator to harden.
- ✓ *These are to be inserted into the vagina much the same as suppositories would be.*
- ✓ It will be necessary to wear a sanitary napkin in order to hold the bolus up in the vagina.

In order to rid the body of a sufficient quantity of toxins for excellent health, the bolus may have to be used as long as six weeks to six months. It will bring out cysts, tumors, polyps, and acid wastes through the vagina, through the rectum and the urethral tract.

**The next morning** we use an additional aid, for not only flushing the bolus out but to aid in body rebuilding. This we call our Slant Board routine as follows:

**SLANT BOARD COMBINATION.** As an aid in prolapsed uterus, bowel, or other organs, to assist in giving relief make concentrated tea (simmer down to half its amount) of six parts oak bark, three parts mullein herb, four parts yellow dock root, three parts walnut bark or leaves, six parts comfrey root, one part lobelia, three parts marshmallow root. Inject with a syringe (while head down on slant board) into vagina, or rectum for prolapses or hemorrhoid problems and leave in as long as is possible before voiding, at least 15 to 20 minutes, kneading and massaging the abdominal and pelvic area while lying in this position. Dose suggested is one fourth to one cup; one or more times in a day, and drink one fourth cup in three fourths cup of distilled water three times a day.

By following this program just outlined, using the mucusless diet and the recommended amount of steam distilled water, good results will follow. (*1 ounce of distilled water to each pound of weight*)